In This Together
### NAMI-GH PROGRAM IMPACT 2020

#### EDUCATION
- **304** Education Program Graduates
- **28** Education Programs

#### ADVOCACY
- **55** Presentations
- **1182** Presentation Attendees
*Does not include social media reach*

#### CRIMINAL JUSTICE
- **228** Peer sessions
- **2123** Attendees

#### SUPPORT
- **21** Support groups
- **1752** Support group person-sessions

#### HANDS ON THE DECK
- **150** Program leaders & volunteers
- **23** SEA Center Volunteers

#### SEA CENTER
- **1872** Incoming calls & emails
- **2491** Call backs and emails
- **8204** Care Outreach calls and emails

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Our research shows that

~70% of our participants have had one or more emergency psychiatric hospitalizations for themselves or their loved ones
OUR 2020 JOURNEY: NEW INITIATIVES AND INNOVATIONS

The Year 2020
What began as just another year, brought many challenges and compelled us to innovate our offerings and design new pathways to offer support!

Learning Communities
A model for volunteer engagement and learning through reflection and sharing; Monthly meetings for NAMI program leaders & facilitators to connect and learn using innovative participatory approaches.

Healing Circles
A community mental health model to surface deep emotional trauma without explicit clinical terminology, to be implemented across deserving neighborhoods in Houston. Infrastructure, training and funding are in process.

Care Outreach
Expanded SEA Center operations and rolled out care survey to reach out to 1000+ NAMI alumni, community outreach, our members and volunteers & extended NAMI community to reach 8200 people.

Diaspora Mental Health Equity Project
An awareness and capacity building project to increase access for mental health needs of Black & Latinx communities disproportionately affected by Covid & civic unrest. Reached 20,000+ people.

A community Mental Health Approach
For true Mental Health equity, Mental Health needs to be demystified, normalized and made accessible within the realm of community living.

For every life-threatening crisis, our participants report another 4 ‘medium’ crises – crises that are not life threatening but leave them scarred and traumatized.